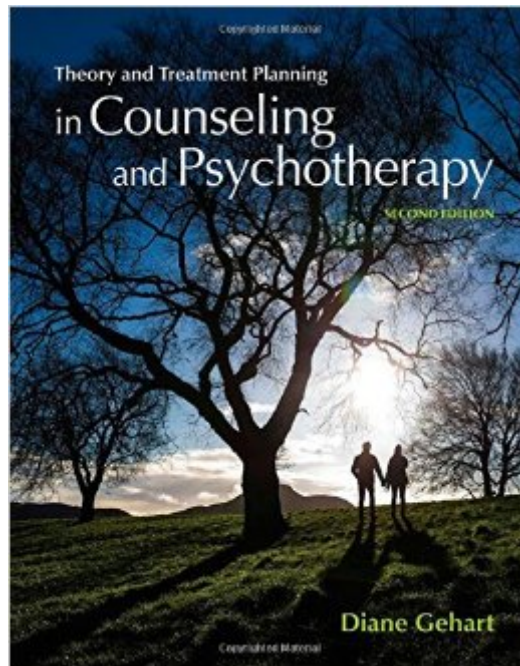


The book was found

# Theory And Treatment Planning In Counseling And Psychotherapy



## Synopsis

Gehart's book helps readers gain the skills and knowledge outlined in current CACREP Standards. It introduces counseling and psychotherapy theories using theory-informed case conceptualization as well as treatment planning. Assignments empower readers to apply theoretical concepts and develop real-world skills as early as possible in their training, resulting in greater mastery of the material.

## Book Information

Paperback: 432 pages

Publisher: Cengage Learning; 2 edition (March 12, 2015)

Language: English

ISBN-10: 1305089618

ISBN-13: 978-1305089617

Product Dimensions: 8.4 x 0.9 x 10.7 inches

Shipping Weight: 2 pounds (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 stars [See all reviews](#) (13 customer reviews)

Best Sellers Rank: #36,342 in Books (See Top 100 in Books) #114 in [Books > Medical Books > Psychology > Counseling](#) #132 in [Books > Health, Fitness & Dieting > Psychology & Counseling > Counseling](#) #135 in [Books > Textbooks > Medicine & Health Sciences > Nursing > General](#)

## Customer Reviews

I used another Gehart textbook in a different class and I can't say enough how much I love this author. In 6 years of academia I don't think I've actually enjoyed reading a textbook until this. She has a "needs to know" section at the beginning of each chapter so even if I haven't had time to read the entire chapter before when I need to I can read that and have some basis of understanding. She also includes information on the theorists, and even though I always skip that part I know some people really like knowing about that. I think it is INVALUABLE that each chapter also has a sample case conceptualization and treatment plan template. AS WELL AS exploring the implications for each theory of its strength's and limitation's with working with diverse clients. My only very minor complaint is the Questions for Personal Reflection and Class Discussion. For several of the chapters it really seems like this was written by someone who hadn't even read the chapter because there were questions asking about something that was very minor or barely mentioned in the chapter.

This is the most comprehensive treatment planning book I own. I wish I had bought it in my first semester of school. Gehart is a clear and engaging writer. The clinical vignettes are true-to-life. The theoretical summaries are priceless and will save you hours of confusing cross-referencing and reading. If you are involved in psychotherapy, clinical psychology, counseling or even a humanities scholar who is interested in theories of psychology, you should have this book on your reference shelf.

This book is excellent. I am using it to study for my MFT license exam. It gives you so much great information. There is so much we didn't learn in school. This book along with her YouTube videos prepared me for the exam.

Very good book for beginning masters students as well seasoned clinicians who would like to have references to theories and modalities they be currently trying or interested in trying.

Super easy to read. This was required reading for my counseling theory course. Very approachable writing style and excellent use of conversational and intellectual writing.

Great features. Saves paper. Also means I don't have to carry around pounds of textbooks and pay hundreds for Psych books

I was very pleased with my purchase. The book arrived in excellent condition.

[Download to continue reading...](#)

Theory and Treatment Planning in Counseling and Psychotherapy Developing Your Theoretical Orientation in Counseling and Psychotherapy (3rd Edition) (Merrill Counseling) Treatment Plans and Interventions for Depression and Anxiety Disorders, 2e (Treatment Plans and Interventions for Evidence-Based Psychotherapy) Counseling and Psychotherapy with Children and Adolescents: Theory and Practice for School and Clinical Settings Theory and Practice of Counseling and Psychotherapy SM Theory & Practice Counseling & Psychotherapy Event Planner: The Art of Planning Your Next Successful Event: Event Ideas - Themes - Planning - Organizing - Managing (Event Planning, Event Planning ... and Organizer - How To Guide Books Book 1) The Practice of Collaborative Counseling and Psychotherapy: Developing Skills in Culturally Mindful Helping Counseling and Psychotherapy: A Christian Perspective Ethics in Counseling & Psychotherapy Career Counseling (Theories of Psychotherapy) ITI Treatment Guide, Volume 3: Implant Placement

in Post-Extraction Sites: Treatment Options (ITI Treatment Guides) The Adolescent Psychotherapy Treatment Planner: Includes DSM-5 Updates Agile Product Management: (Box Set) Agile Estimating & Planning Your Sprint with Scrum and Release Planning 21 Steps (agile project management, agile software ... agile scrum, agile estimating and planning) Insider's Guide to Graduate Programs in Clinical and Counseling Psychology: 2016/2017 Edition (Insider's Guide to Graduate Programs in Clinical & Counseling Psychology) Clinical Mental Health Counseling in Community and Agency Settings (4th Edition) (New 2013 Counseling Titles) The Counseling Practicum and Internship Manual, Second Edition: A Resource for Graduate Counseling Students Essential Elements of Career Counseling: Processes and Techniques (3rd Edition) (The Merrill Counseling Series) Career Information, Career Counseling, and Career Development (10th Edition) (Merrill Counseling (Hardcover)) Counseling Strategies and Interventions for Professional Helpers (9th Edition) (The Merrill Counseling Series)

[Dmca](#)